

Summer Ballet Intensives



Summer Ballet Intensive

The Summer Ballet Intensive program is designed to improve technique, strength and flexibility while broadening perspectives and developing personal expression through a variety of dance styles. Dancers will be divided based on technical ability and experience. Included are technique classes in ballet, pointe (as appropriate for students already dancing en pointe), modern, and jazz. Guest instructors from around the country join MBT each week. Additional classes vary and may include variations and repertoire, choreography, tone & stretch, nutrition for dancers, and the theatre arts & drama. Students participating in the full week of programming may stay for an extra hour each day at no charge to learn choreography for a culminating performance.

Adult ballet dancers with required experience welcome. *New this year, students 10 years old with the requisite experience and faculty approval may attend any of MBT's Summer Ballet Intensive weeks.*

Faculty approval and placement required. Please call to schedule a placement class.

Summer Ballet Intensive: offered for students with three years prior ballet training weeks of: July 9, July 16, July 23, choose 1, 2, or all 3 weeks; M-F, 9:30-4:30 daily, option to 5:30, \$395/wk; Drop-in Intensive classes available for advanced dancers, please call for details.

Junior Ballet Intensive

Continued training for the serious young ballet student. Designed to improve ballet technique, build strength, poise and confidence with opportunities to explore a variety of movement styles including jazz, modern and hip hop. Each day is rounded out with related topics in dance and drama, and fun activities. Students participating in the full week may stay for an extra hour each day at no charge to learn choreography for a culminating performance. Minimum 1 year previous ballet training.

Faculty approval and placement required. Please call to schedule a placement class.

Junior Ballet Intensive: offered for ages 7-11 week of: July 30; M-F, 9:00-3:00 daily; option to 4:00, \$395/wk

